

Media Release

ACT Fire Brigade



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Firefighters to run to help beat heart disease

Staff and volunteers from the ACT Emergency Services Agency (ESA) will run around Lake Burley Griffin tomorrow in memory of a former ACT Fire Brigade member and to raise awareness of heart disease.

“The Darren Wall ACT Fire Brigade Heart Foundation Fun Run is held every year to honour one of our members who passed away due to a heart problem”, ACT Fire Brigade Chief Officer Paul Swain said.

“Firefighters from the ACT Fire Brigade will be out in force for the event to honour Darren while helping the Heart Foundation promote heart disease awareness,” he said.

“Many other emergency services personnel will also participate in the five kilometre run to show their support.

“We are also fortunate to have local Brumby Stephen Hoiles who will start the race.”

The Darren Wall ACT Fire Brigade Heart Foundation Fun Run is now in its 11th year and will commence opposite the Carillion in Kings Park at 10:00am.

Prizes will be handed out in a number of categories with the ACT State Emergency Service providing lunch afterwards. Entry in the event will be \$5 for ESA staff and volunteers, and \$10 for anyone else who would like to take part. All funds raised will be donated to the Heart Foundation.

WHAT: The Darren Wall ACT Fire Brigade Heart Foundation Annual Fun Run.

WHEN: Tomorrow Tuesday 3 May 2011.

WHERE: Kings Park, opposite the Carillion on the shores of Lake Burley Griffin.

TIME: 10am start. First finisher expected around 10.15am.

WHO: ACT emergency services personnel.

ACT Fire Brigade Chief Officer Paul Swain available for interviews.

