



Basic Life Support Flow Chart



D

Check for **DANGER**

Hazards / Risks / Safety
To self, casualty or others



R

Check for **RESPONSE**

Non Responsive or Unconscious?



S

SEND for help

Ring **Emergency Triple Zero (000)** ask for Ambulance



A

Open **AIRWAY**

Look for signs of life = conscious or responsive or breathing normally or moving



B

Normal **BREATHING?**

If unresponsive & not breathing normally



C

Start **CPR**

30 compressions : 2 breaths

if unwilling/unable to perform rescue breaths continue chest compressions



D

Attach **DEFIBRILLATOR (AED)**

as soon as available and follow its prompts



ACT
Government



Continue CPR until responsiveness or normal breathing returns, or until ambulance arrives